SUNGOD SKATING CLUB - FALL & WINTER 2021/2022. (ADJUSTED AS OF SEPTEMBER 13TH 2021)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SUNDAY	
NDRC		SUNGOD ARENA		SUNGOD ARENA		SUNGOD ARENA		SUNGOD ARENA		SUNGOD ARENA	
On Ice	Off Ice	On Ice	Off Ice	On Ice	Off Ice	On Ice	Off Ice	On Ice	Off Ice	On Ice	Off Ice
		6:00 - 7:00 am **Open Session**				6:00 - 7:00 am **Open Session**				8:30 - 9:15 am ACADEMY	
		7:00 - 8:00 am **Junior Directors Workshop**				7:00 - 8:00 am **Open Session**				PRE-SCHOOL CS 9:15 - 10:00 am CANSKATE	9:30 - 10:15 am Academy 1 & 2 Off Ice
						1:00 - 2:00 pm **Elite Freeskate** **NDRC**				10:00 - 10:45 am CANSKATE	
		FLOOD 2:15 - 3:15 pm **Open Session**		**FLOOD** 2:15 - 3:15 pm **Open Session**		**FLOOD** 2:15 - 3:15 pm **Open Session** **NDRC**				**FLOOD** 11:00 am - 12:00 pm Competitive Freeskate	10:45 - 11:45 pm StarSkate Off Ice
FLOOD 3:30 - 4:00 pm **Junior Enrichment**		3:15 - 4:15 pm **Intermediate Freeskate**		**FLOOD** 3:30 - 4:30 pm **Senior Freeskate**				**FLOOD** 3:30 - 4:30 pm Senior Freeskate		12:00 - 1:00 pm StarSkate Freeskate	12:15 - 1:15 pm Competitive Off Ice
4:00 - 4:45 pm **Junior Freeskate**	3:45 - 4:45 pm **Intermediate Off Ice**	**FLOOD** 4:30 - 5:15 pm **ACADEMY**	4:30 - 5:30 pm **Intermediate Off Ice**	**FLOOD** 4:45 - 5:45 PM **Intermediate Freeskate**	4:45 - 5:45 PM **Senior Off Ice**			**SPIN PATCH**	3:45 - 4:45 pm **Intemediate Off-Ice**		
FLOOD 5:00 - 5:30 pn **Int. Enrichment**	5:00 - 5:45 pm **Junior Off Ice**	5:15 - 6:00 pm **CANSKATE**	5:30 - 6:15 pm **ACADEMY 1 & 2 Off Ice**					**FLOOD** 5:00 - 6:00 pm **Intermediate Freeskate**	5:00 - 6:00 pm **Senior Off Ice**		
5:30 - 6:30 pm **Intermediate Freeskate**	5:45 - 6:30 pm **Senior Off-Ice**	6:00 - 6:45 pm **CANSKATE**		**FLOOD** 6:00 - 6:45 pm **Junior Freeskate**	6:00 - 7:00 pm **Intermediate Technical Dryland Jump Class**			**SPIN PATCH** 6:15 - 7:00 pm **ACADEMY**	6:15 - 7:00 pm **Junior Off-Ice**		
FLOOD 6:45 - 7:30 PM **Senior Enrichment**		**FLOOD** 7:00 - 7:45 pm **Open Session**			7:00 - 7:45 pm **Junior Off-Ice**			**FLOOD** 7:15 - 8:15 PM **Junior Freeskate**	7:15 - 8:00 pm **ACADEMY 1 & 2 Off Ice**		
7:30 - 8:30 pm **Senior** Freeskate		**FLOOD** 8:00 - 9:00 pm **Senior Freeskate**						**SPIN PATCH**			