



# August NEWSLETTER



2022

## CANSKATER SPOTLIGHT



Hello, Sophie Nicol-Smith!

Sophie has skated two seasons with the Sungod Skating Club and she loves to skate with all her friends.

Amazing progress, Sophie!

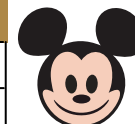
## PROGRAM ASSISTANT OF THE MONTH



July Program Assistant of the month goes to Isabella Lai! Isabella is a super reliable addition to the team that can always be counted on to lead a group warm-up, cooldown, and even the group dance that finishes off the session. Great work this month, Isabella!

## Important Dates:

August 01	BC Day/ Regular Skating
August 04	Disney Fanatic Theme Day
August 08	Star 4, Star 5, Star 6 Simulation
August 08	Parent Information Meeting - Fall 2022 Registration - Zoom
August 09	Competitive/Senior Simulation 1
August 11	Paint/Neon Theme Day
August 15	Star 1 & Star 3 Simulation
August 15-19	Parent Viewing Week
August 16	Last Day of Tuesday CanSkate
August 18	Last Day of Thursday CanSkate
August 18	Favourite Holiday Theme Day
August 18-21	2022 Belairdirect BC/YK Super Series Summerskate
August 19	Last Day of Summer 2022 Season
August 24	First Day of August Bridge



## Open House & Swap Meet

Sunday, September 11, 2022

Sungod Arena - Lower Lobby

10:30am - 12:00pm

Our coaches will be available for youths' on-ice assessments and to assist with any questions and registration! Complimentary skate and helmet rentals will be available. Bring your friends, family, and neighbours!

Sungod Skating Club is also pleased to be offering a unique opportunity to sell your used skates and skating items during the Open House.

\*Tables are \$30.00 each.

\*Suggested maximum of 50 items per table.

\*Suggested 1-5 sellers per table.

\*Each seller (or group of sellers) will be responsible to sell all their own items. All the profits from the sale will go to each seller/group.

\*All items should be clean, priced, and in good condition. We recommend to cover skate blades with masking tape and mark each skate with the size of the skate.





# August NEWSLETTER



2022

## RISE AND GRIND



The Senior skaters having been waking up bright and early on Saturdays to take on the Grouse Grind with Coach Austin. With a little healthy competition and a lot of grit they have been pushing themselves to get the best time possible each visit to the mountain. What a great way for the Sungod team to grow closer and stronger!



**August Bridge**  
registration coming soon!

## WILD ROSE INVITATIONAL



This year the Sungod Skating Club sent 4 skaters to the 2022 Wild Rose Invitational event hosted by the Alberta Figure Skating Foundation. Leila McManus, Bowen Yan, Alson Chang, and Julie Manner, who were joined by Coach Constanze and Kim Manner, flew out to compete. It was a great opportunity for the skaters to try their programs in a new and different atmosphere. Congratulations to all four skaters for their hard work and a special congratulations to Alson Chang for his 3rd place finish!

## SUMMERSKATE COMPETITION

The 2022 Belairdirect BC/YK Super Series Summerskate event will be taking place at the Scotia Barn in Burnaby from August 18 - 21, 2022. Many of our own Sungod skaters will be taking part in the competition! Full schedule and details can be found at [www.skatinginbc.com](http://www.skatinginbc.com) along with the livestream link when the event commences. Cheer on our awesome team by tuning in!



Can you find these words?

- Fish
- Shark
- Octopus
- Sea Star
- Urchin